

# Public Health and Wellbeing Portfolio - Summary

## Performance Summary

1. The Portfolio has a number of performance highlights to report this quarter:
  - National No Smoking Day took place on Wednesday 8<sup>th</sup> March. This year's campaign focused on brain health and the link between smoking and dementia, with the message that stopping smoking improves your brain health and reduces the risk of dementia. The national campaign encouraged smokers to 'Never give up giving up' and signposted them to the [NHS Better health Quit Smoking website](#). The County Council supported the campaign locally in West Sussex, with our public health and communications teams working together to share key messages with our residents and communities. This was through social media and local networks, raising awareness of free support from [local stop smoking services](#), and tailored advice from trained advisors in our local Wellbeing teams, GP surgeries and pharmacies. They also produced a [short video](#) featuring a case study of Andy who successfully gave up smoking with the help of the West Sussex Wellbeing Service.
  - The County Council's Public Health Directorate is funding access to the '[Gro Health](#)' app in response to growing numbers of people who are overweight or obese. This is in addition to a range of existing funded weight management services available via West Sussex Wellbeing and the NHS. Gro Health will offer an additional local programme for those wanting access to free digital support who are not eligible for the NHS digital weight management offer (eligibility criteria available [here](#)). It is the first time that people in West Sussex have been offered free access to such an innovative digital service for weight management without a GP referral. The number of adults who are overweight or obese in West Sussex has increased from 61.6% in 2019/20 to 63.8% in 2020/21 and 23.3% were classified as being obese. Gro Health provides tailored support for individuals for 12 months and is available in 19 different languages. It can be accessed online using a phone, tablet or computer, without the need to download any special software, and can be accessed via free apps available for both iPhone and Android for those who wish to download them.

A West Sussex Health and Wellbeing Board (HWB) seminar hosted by Cllr Bob Lanzer, Chairman of the Board, and led by Natalie Brahma-Pearl, Chief Executive of Crawley Borough Council, took place on Monday 20<sup>th</sup> February at County Hall, Chichester. The well-attended event focused on the impact of Covid-19 so far on the homeless population across West Sussex, and new and emerging cross-cutting issues and developments, including what we are seeing with cost-of-living pressures. Feedback on the event was provided at the [West Sussex Health and Wellbeing Board meeting](#) on 27 April 2023.

- Crawley Wellbeing Mobile Unit: Part of the [West Sussex Wellbeing Programme](#), funded by West Sussex Public Health, Crawley Wellbeing, based at [K2 Crawley](#), offers a free, friendly and impartial service to support people who live or work in West Sussex, to make positive improvements to their physical and emotional health and wellbeing. On Thursday, 2<sup>nd</sup> March, the service launched a new [Wellbeing Mobile Unit](#), enabling it to be more accessible than ever

before, visiting local neighbourhoods throughout Crawley. Individual appointments and information are available for a range of health and wellbeing issues, including help to stop smoking, drink less alcohol, and advice on how to lose weight, as well as how to get more active. Eligible residents will be able to have an NHS Health Check. It will also promote health and wellbeing campaigns, be able to visit workplaces as part of a workplace health programme and appear at community events. The new mobile unit has been jointly funded by Crawley Borough Council in partnership with West Sussex County Council as part of the West Sussex Wellbeing Programme.

## Our Council Performance Measures

- The following section provides updates of the performance KPIs agreed in Our Council Plan and the action taking place, comprising a wider performance view, with KPI measures comparing performance over the last three periods - this may be quarterly, annually or other time periods (depending on how regularly data is released); however, each measure will explain the reporting period.

Public Health and Wellbeing		2022/23 Target	Performance Over The Last 3 Periods			DoT
			2020/21	2021/22	2022/23	
5a	<b>Measure:</b> Uptake of flu vaccine in over 65s or at risk  Reporting Frequency: Annually	75.0%	G	G	G	↓
			83.7%	85.0%	83.5%	
<b>Performance Analysis:</b> Mar-23: As of March 23 (last validated and published data) the vaccination uptake for West Sussex was comparing well against the national averages of 79.9% and exceeding this in all 'at risk' groups.  <b>Actions:</b> The Director of Public Health is a member of Sussex Covid-19 and Influenza Vaccination Programme Board to support and promote uptake across the system including and bringing in local authority involvement and support. Consultant in Public Health chairs West Sussex Covid-19 and Influenza Placed Based Cell and represents the County Council at the South East Vaccine Equality Network and NHS England Immunisation Programme Board.						
5b	<b>Measure:</b> Update of flu vaccine in 'at risk' groups  Reporting Frequency: Annually	50.0%	G	G	G	↓
			56.7%	58.5%	53.8%	
<b>Performance Analysis:</b> Mar-23: As of the March 23 (last validated and published data) the vaccination uptake for West Sussex was comparing well against the national averages of 49.1% and exceeding this in all 'at risk' groups.  <b>Actions:</b> The Director of Public Health is a member of Sussex Covid-19 and Influenza Vaccination Programme Board to support and promote uptake across the system including and bringing in local authority involvement and support. Consultant in Public Health chairs West Sussex Covid-19 and Influenza Placed Based Cell and represents the County Council at the South East Vaccine Equality Network and NHS England Immunisation Programme Board.						
6	<b>Measure:</b> Healthy weight of 10-11-year-olds  Reporting Frequency: Annually	Top Quartile in South East (66.1%)	G	G	G	↑
			69.8%	63.2%	65.7% (Target: 63%)	

Public Health and Wellbeing		2022/23 Target	Performance Over The Last 3 Periods			DoT
<p><b>Performance Analysis:</b> Mar-23: Healthy Child Programme will deliver the annual National Child Measurement programme for 2023/24. Awaiting national guidance and recording templates.</p> <p><b>Actions:</b> The latest data continues to provide a good basis for ongoing and developing obesity work for both Reception and Year 6 children for 2022/23. Obesity is a complex issue affecting all ages, which emphasises the importance of the need for a family targeted approach, working across all age groups. Delivery of the National Child Measurement Programme (NCMP) for Reception and Year 6 for 2022/23 in West Sussex is on track and will be completed later in the year.</p>						
31	<p><b>Measure:</b> Healthy life expectancy for men</p> <p>Reporting Frequency: 3 Year Rolling Average</p>	<p>66 Years</p> <p>(Pre-Pandemic Levels)</p>	2017/18	2018/19	2019/20	↓
			N/A	G	A	
			64.6 Years	66.0 Years	63.8 Years	
<p><b>Performance Analysis:</b> Sep-22: Updated local authority data for HLE for men for the 2018-2020 period has been released, which includes the first year of the Covid-19 pandemic (2020). This shows that since the last data period 2017-2019, HLE for men has decreased by 2.2 years to 63.8 years (2017-2019 66.0 years). It is important to note that the impact of Covid-19 continues, and there may be ongoing direct and indirect effects of the pandemic on health.</p> <p><b>Actions:</b> Analyses have detailed the main causes of ill health, disability and death, and also the underlying risk factors, such as smoking, diet (including those high in salt, low in fibre, and fruit and vegetables) and obesity. This work is informing a population level approach agreed at West Sussex Health and Wellbeing Board and with local partners. In their capacity as Partner Member, the Director of Public Health presented a paper at the inaugural meeting of NHS Sussex Board in July 2022 on the population of Sussex (East Sussex, West Sussex, Brighton &amp; Hove) outlining what are the most important health needs of our population across the area, based on the latest evidence available.</p>						
32	<p><b>Measure:</b> Healthy life expectancy for women</p> <p>Reporting Frequency: 3 Year Rolling Average</p>	<p>64.8 Years (Pre-Pandemic Levels)</p>	2017/18	2018/19	2019/20	↓
			N/A	G	A	
			64.3 Years	64.8 Years	63.9 Years	
<p><b>Performance Analysis:</b> Sep-22: Updated local authority data for HLE for women for the 2018-2020 period has been released, which includes the first year of the Covid-19 pandemic (2020). This shows that since the last data period 2017-2019, HLE for women has decreased by 0.9 years to 63.9 years (2017-2019 64.8 years). It is important to note that the impact of Covid-19 continues, and there may be ongoing direct and indirect, effects of the pandemic on health.</p> <p><b>Actions:</b> Analyses have detailed the main causes of ill health, disability and death, and also the underlying risk factors, such as smoking, diet (including those high in salt, low in fibre, and fruit and vegetables) and obesity. This work is informing a population level approach agreed at West Sussex Health and Wellbeing Board and with local partners. In their capacity as Partner Member, the Director of Public Health presented a paper at the inaugural meeting of NHS Sussex Board in July 2022 on the population of Sussex (East Sussex, West Sussex, Brighton &amp; Hove) outlining what are the most important health needs of our population across the area, based on the latest evidence available.</p>						
35	<p><b>Measure:</b> Number of people completing evidence-based falls prevention programmes</p> <p>Reporting Frequency: Annually</p>	<p>400</p>			2021/22	↓
			New Measure – No Data	New Measure – No Data	A	
					354	
<p><b>Performance Analysis:</b> Jun-22: 354 older people across West Sussex are recorded as having completed evidence-based strength and balance falls prevention programmes in 2021-22 delivered through West Sussex Wellbeing. These programmes are for older people at significant risk of falls with completion being defined as participating in 75% of programme sessions.</p> <p><b>Actions:</b> It is important to highlight that NHS services also provide falls prevention programmes and therefore, it is likely that the number of older people completing these programmes across the county is higher than the West Sussex Wellbeing data reported here. It is also acknowledged that the pandemic response continued during 2021-22, impacting on both service delivery and older people's engagement with services. The County Council will explore opportunities to work with local authorities and health and care partners to coordinate and maximise our approach to falls prevention programmes across the county.</p>						

## Finance Summary

### Portfolio In Year Pressures and Mitigations

Pressures	(£m)	Mitigations and Underspending	(£m)	Year end budget variation (£m)
Covid-19 – Contain Outbreak Management Fund projects and expenditure.	£1.777m	Covid-19 Contained Outbreak Management Fund (COMF) Grant. Unspent grant to be carried forward into 2023/24.	(£1.777m)	
<b>Public Health and Wellbeing Portfolio - Total</b>	<b>£1.777m</b>		<b>(£1.777m)</b>	<b>£0.000m</b>

### Significant Financial Issues and Risks Arising

3. There are no significant issues to raise this quarter.

### Financial Narrative on the Portfolio's Position

4. Local Authority Public Health is funded by a ring-fenced Public Health Grant (PHG). Accordingly, the County Council is required to carry forward any underspending at the end of the financial year, so it remains available to manage risk, in accordance with grant requirements.
5. A number of elements have contributed to this position, mainly arising from the impact on services following the lockdown periods during the pandemic, additional operational pressures affecting the capacity for services to pick up activity and changes in the way residents prefer to access and use the services differently, highlighting the need in some services, to review the model of delivery. The portfolio is currently working to reassess local need and access preferences, exploring different models and approaches, where required.
6. Activity levels within a range of areas within Public Health continued to see fluctuations during 2022/23 and have yet to return to pre-pandemic levels. This includes demand-led areas like NHS Health Checks and sexual health services, which saw lower than usual volumes during earlier phases of the pandemic. Consequently, the Portfolio completed the year with an underspending of £2.9m.
7. In accordance with grant requirements, this balance of £2.9m will carry forward to 2023/24, where it will add to a cumulative £3.1m of underspending from previous years, bringing the total funding available to £6m.
8. All public health investment is required to address population need, delivering against grant requirements to enable the authority to discharge its statutory public health functions, improving the health of our local population and reducing inequalities, and supporting the delivery of Council Plan priorities.

9. Outline proposals for utilising this one-off funding to address public health issues that have emerged over the last three years, including impacts of the Covid-19 pandemic and cost of living pressures on the health of our population and provision of services, are in the process of being prepared.
10. On 15<sup>th</sup> March 2023, the Department for Health and Social Care (DHSC) announced the 2023/24 Public Health Grant allocations for local authorities. Of the £3.529bn national funding confirmed, the County Council has been allocated £37.4m; this is an increase of £1.2m when compared to the 2022/23 allocation. However, this is in effect, a real terms cut, due to the need to cover pay pressures resulting from any NHS pay awards, and any uplift to local government salaries. Additionally, the grant allocation includes baselining of £15.5k to support implementation of local authority enforcement duties under the Botulinum Toxin and Cosmetic Fillers (Children) Act 2021, and as part of the grant conditions, public health challenges arising directly or indirectly from Covid-19 will need to be met by the funding.

### **In-Year Revenue Grant Update**

11. Since the creation of the 2022/23 Budget, a number of new grants have been awarded. Details of new grants are added to quarterly Performance and Resources Reports throughout the year.
12. These additional funds have/will be utilised in accordance with the grant determination.

<b>New In-Year Grant - Name and Details</b>	<b>(£)</b>
<b>Rough Sleeping Grant</b> – Awarded to provide intensive support to care leavers at highest risk of homelessness/ rough sleeping.	£557,566
<b>Additional Drug and Alcohol Treatment Funding Allocations</b> - Funding to improve services in line with the ambitions of the Governments 2021 drug strategy and the recommendations from Dame Carol Black’s independent review.	£665,692

### **Covid-19 Expenditure Update**

13. The Covid-19 pandemic and its impact persisted throughout 2022/23 with the County Council continuing to provide quality services and assistance to residents. Within the Public Health and Wellbeing Portfolio, work continued to support residents and businesses in containing and managing Covid-19 whilst addressing the impacts of the virus on health outcomes and health inequalities.
14. Underspending of £3.651m from the Contain Outbreak Management Fund (COMF) was brought forward from the 2021/22 financial year. Of this balance, £1.777m has been spent in 2022/23 on Public Health initiatives and staffing in accordance with the grant criteria.

15. In December 2022, the UK Health Security Agency (UKHSA) wrote to councils to confirm that any unspent grant could again be carried forward into 2023/24. The grant balance remaining as at 31<sup>st</sup> March 2023 totalled £1.874m. This funding will be available next year to help control any further outbreaks of Covid-19 and its consequences as well as any on-going costs that are being incurred.

## **Savings Delivery Update**

16. The portfolio has no named savings target for 2022/23, however there is a direct link to the Support Services and Economic Development saving – Use of Uncommitted Public Health Grant (PHG). This saving has occurred due to the Help at Home contract being decommissioned in July 2021. This has allowed £0.088m of other eligible spend within the Support Services and Economic Development portfolio to be funded through the Public Health Grant.

## **Capital Programme**

17. There are currently no capital projects for the Public Health and Wellbeing Portfolio.

## **Risk**

18. There are no corporate risks assigned to this portfolio. Risks allocated to other portfolios are specified within the respective portfolio sections. Further detail on all risks can be found in **Appendix 4** - Corporate Risk Register Summary.
19. Full details of the latest Risk Register, including actions and mitigations can be found under the County Council's [Regulation, Audit and Accounts Committee Agenda](#) website.